



# BEAUTOPIA

*Holistic & Beauty Therapies*

*Beauty*

*Holistic*

*Wellbeing*



Eve Taylor<sup>®</sup>

LONDON

The natural choice  
for beautiful skin



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## Holistic Facial Treatments

The hands-on touch for the ultimate in client care.

### *Essential Facial*

The ideal introduction to Eve Taylor treatments. This facial works by refreshing the skin with aromatic cleansers, exfoliation and toning followed by a delightful masque to infuse the skin, leaving it smooth and luminous.

**30 mins £32.00**

### *Prescriptive Facial*

Suitable for all skin types, this classic relaxing aromatherapy facial is customised according to your skins needs. Deeply cleansing, a gentle exfoliation to prep the skin ready to absorb aromatic massage oils and the luxurious face masque. Leaving your skin replenished, hydrated and moisturised.

**1 hr £45.00**

### *Ultra Bright Facial*

Illuminate and brighten dull, lacklustre and pigmented skin. Professional resurfacing smoothes and softens the skin ready for the infusion of vitamin C rich serums and a speciality masque. n illuminating moisturiser protects and re-energises, leaving skin flawlessly radiant, bright and glowing.

**1hr 15 mins £50.00**

### *Skin Quenching Facial*

Restore the youthful glow to your skin. An intensive boost for dry, dehydrated or tired complexions. This facial plumps the skin and softens fine lines with moisture infusing hydrators. Ideal for both parched holiday skin and to prep skin before a summer getaway.

**1 hr 15 mins £50.00**

### *Clear & Clarify Facial*

An effective deep cleansing facial treatment targeted at those experiencing oiliness, congestion and breakouts. Professional formulations are customised to treat the skin by deeply purifying, clarifying, fighting congestion and breakouts. Also helping regulate oil production and reduce sensitivity in congested skin.

**1 hr 15 mins £50.00**

### *Age Resist Facial*

The age resist facial refines and resurfaces prematurely ageing skin to reveal a smooth, soft complexion. Potent antioxidants defend and protect against environmental aggressors whilst stimulating fresh new healthy tissue. Skin is left looking radiant and beautiful regardless of age.

**1 hr 15 mins £50.00**

### *Cryogenic Facial*

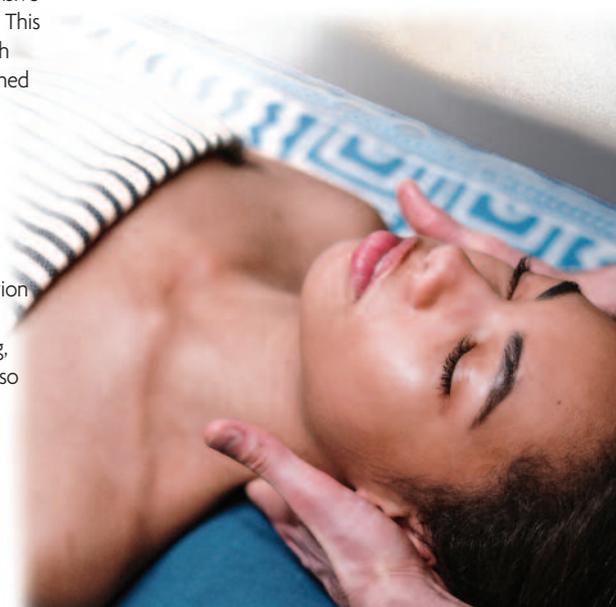
The cryogenic facial offers the ultimate in skin firming and nourishment. Professional resurfacing smoothes and refines the skin surface while expertly blended age defying formulations and speciality masques help tone the skins surface leaving skin smooth, soft and rejuvenated.

**1 hr 15 mins £50.00**

### *Teen Facial*

Created specifically for teenagers, the Teen Clean Skin Facial deeply cleanses the and exfoliates, unblocking the pores and clearing the skin. A refreshing masque soothes and reduce redness, calming breakouts and invigorating problematic skin before mattifying balm leaves the face looking fresh, clear and squeaky clean.

**30 mins £32.00**



## Holistic Body and Massage Therapies

Well-being and vitality for body and mind

### *Swedish Massage*

An excellent treatment to relieve stress, Swedish Massage Therapy uses a variety of massage techniques including kneading & circular movements. Softer strokes are used on the bonier and more delicate parts of the body and stronger strokes where there is thicker muscle coverage. This adjustment of pressure makes it an ideal massage for relaxation.

It is best known for soothing tight muscles and promoting a sense of wellbeing. Swedish Massage can also offer other health benefits, including:

- Easing muscular tension and strain
- Improving blood circulation
- Reducing emotional stress
- Easing back pain, chronic pain & tension headaches
- Improving quality of sleep

Full Body Massage. **1 hr £50.00**

Back Massage. **45 mins £40.00**

Back Massage. **30 mins £32.00**

### *Body Glow - Full Body Exfoliation*

An exclusive body and skin enhancing treatment. Incorporating body brushing to invigorate and boost circulation of the skin, with an exfoliation using the finest ground sea salt infused with essential oils of Jasmine and Ylang Ylang. This soothes the senses while the dull, dry skin cells are buffed away. Skin drenching moisturisers conclude the treatment leaving skin feeling soft, smooth and hydrated.

**45 mins £40.00**

### *Hot Stone Body Massage*

Hot stone body massage is a luxurious type of massage therapy that involves the use of smooth, heated basalt river stones. It is a wonderfully warming treatment that works on energy points located throughout the body to rebalance and harmonise. The muscles are relaxed and rejuvenated in a sensation totally unique to hot stone massage.

Full Body Massage. **1 hr £50.00**

Back Massage. **30 mins £32.00**

### *Mother to be and New mum Treatment*

This pre and post natal face & body treatment has been carefully designed to pamper and aid relaxation during this special time. Helping to ease backache, fluid retention, stress fatigue and tired legs, as well as improving skin tone and elasticity. This will leave you feeling relaxed and revitalised.

**1 hr £45.00**



## *Holistic Aroma Face, Back & Scalp*

### *With Hot Stone Therapy*

This all embracing treatment incorporates an Eve Taylor Prescriptive Facial. A deep cleansing back exfoliation followed by a Hot Stone aromatic oil massage, brings powerful de-stressing benefits to mind and body. Hot stones placed along the spine, shoulders and neck stimulate and balance vital energy points.

**1hr 45 mins £70.00**

## *Reflexology*

The ancient healing art of Reflexology has been used for thousands of years. It was first practised by the early Indian, Chinese and Egyptian people. A deeply relaxing treatment for the feet, helping to restore balance within the mind and body. Working on reflex points and using gentle massage techniques to re-establish the body's natural energy flow and healing mechanisms.

**1 hr £45.00**

## *Indian Head Massage*

A therapeutic and healing massage which is gentle, firm and rhythmical, performed with or without oil. The stimulation of the scalp helps tone the muscles, relieve eyestrain and headaches, improves concentration and boosts the immune system. It eliminates muscular tension and restores joint movement by stretching and mobilising the tissues of the neck and shoulders.

**45 mins £40.00**

## *Hopi Ear Candles*

A gentle, non-invasive, relaxing and soothing therapy, which may help alleviate ear, sinus and head conditions. Includes a facial massage.

**30 mins £32.00**

## *Eye Treatments*

Eyebrow shape	£11.00
Eyebrow tint*	£9.00
Eyebrow shape and tint*	£18.00
Eyelash tint*	£18.00
Eyelash/brow tint* & eyebrow shape	£30.00
Eyelash lift* inc lash tint*	£35.00

A revolutionary treatment for natural lashes. Enhancing your eyes without the need for extensions, adding length and lift, lasting 6-8 weeks.

*\* PATCH TESTING These treatments require a patch test at least 48 hrs prior to your appointment to detect any skin sensitivity or possible allergic reaction.*



## Hands and Feet

### *Classic Manicure*

Nails are shaped and cuticles are nourished and tidied. Hands are massaged with moisturising hand cream, finishing with a nail polish.

**£28.00**

### *Deluxe Manicure with thermal mittens*

The Classic Manicure as above, with the addition of the **Eve Taylor Restoring Hand Treatment**. This resurfaces and smoothes hands whilst serums packed with intensive ingredients treat the signs of sun damage and ageing. A speciality masque is applied to brighten and firm, before finishing with a massage of nourishing hand cream to protect. The thermal mittens help oils and creams penetrate deeper into the skin and will improve circulation, soothing stiff joints.

Finishing with a nail polish if desired.

**£40.00**

**Add Gelish gel-polish for an extra £7.00**

### *Shape and Paint*

Nails are shaped and nail polish is applied.

**£18.00**

### *Gelish Gel-Polish on Hands or Feet*

A hybrid gel nail polish that dries instantly, lasting up to two weeks with correct aftercare, the Gelish system is applied and cured under a UV light.

*\*Nails are shaped and cuticles are nourished and tidied. Please note removal must be requested at the time of booking if required. A fee applies.*

**£30.00**

### *Gelish Gel Removal*

The gel polish is soaked off, nails are tidied and then nourished with cuticle oil.

This treatment is suitable for hands or feet.

**£10.00**

### *Classic Pedicure*

Feet are soaked and exfoliated with a revitalising foot scrub. Nails are cut and cuticles are nourished and tidied. Feet are massaged with moisturising foot cream and nail polish is applied.

**£30.00**

### *Pedicure Deluxe with thermal booties*

The classic pedicure as above, with the addition of the **Eve Taylor Revitalising Foot Treatment**. This cooling foot treatment is the perfect solution for hot, tired, restless feet. Intensive exfoliation smooths even the roughest feet before soothing, hydrating gels are applied to refresh and revitalise. You will leave feeling like you're walking on air.

Thermal booties help oils and creams to penetrate deeper into the skin. To improve circulation and soothe stiff joints.

Finishing with a nail polish if desired.

**£40.00**

**Add Gelish gel-polish for an extra £7**

### *Gelish Classic Pedicure*

The classic pedicure as above, with the addition of a Gelish Gel-polish application.

**£40.00**

### *Waxing*

Full leg & bikini	£32.00
Half leg	£20.00
Full leg	£28.00
Bikini	£14.00
Under arms	£12.00
Full arm	£20.00
Forearms	£14.00
Eyebrows	£11.00
Lip or chin	£8.00
Eyebrows, lip and chin	£24.00



# Treatment Room Information

## *Client Care*

At Beautopia, client satisfaction is very important to me, and I take client care very seriously. I pride myself on my ability to build rapport, make my clients feel comfortable, relaxed and pampered, and my perfectionism. If you are not happy, I'm not happy.

If a matter should arise that you are not completely happy with, please let me know and I will endeavour to rectify the situation immediately.

## *Cancellations Policy*

As a courtesy please give at least 24 hours notice if you need to cancel or change an appointment. Please note there is a cancellation fee of 50% if the appointment is cancelled within 24 hours.

Missed appointments will be charged at 100% of the treatment price.

## *Gift Vouchers*

Birthdays, Anniversaries, Christmas, a new Baby; there's always a good reason for giving a **Beautopia Gift Voucher**, either choose a treatment or specify a monetary amount.

## *Location*

Free parking is available on-site; please park in the unmarked spaces.

My treatment room is situated on the first floor of the Old Forge.

## *Aromatherapy Skincare, Body care & Home*

I am an Eve Taylor stockist, so you can carry on the aromatherapy benefits of your treatments at home.





# BEUTOPIA

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By appointment only

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